Campbell Interurban Press

VOLUME 24, No. 7 8 — CAMPBELL, SANTA CLARA COUNTY, CALIFORNIA — FRIDAY, AUGUST 23, 191

U. S. License No. G-23056

Babbitt's Lye

An old standard brand.

Caustic Soda

We have supplied the growers of Santa Clara Valley for years.

Sulphur

The Farmers Union carries only the best grades in all lines.

Wyandotte Canners' Alkali

A high-grade product that is extensively used by growers everywhere.

Picking Pails

—also pitters, parers, corers and fruit workers' supplies of all kinds.

You haven't done your duty until you have bought all the War Savings Stamps you can.

Farmers Union Branch

Phone 37

Service and Security

We are in a position to give the people of Santa Clara County unexcelled banking facilities.

With our main office in San Jose and branches located in Gilroy, Campbell, Santa Clara and Saratoga, you are assured a progressive helpful banking service. 4 per cent interest paid on Savings Accounts.

Garden City Bank & Trust Co.
SAN JOSE

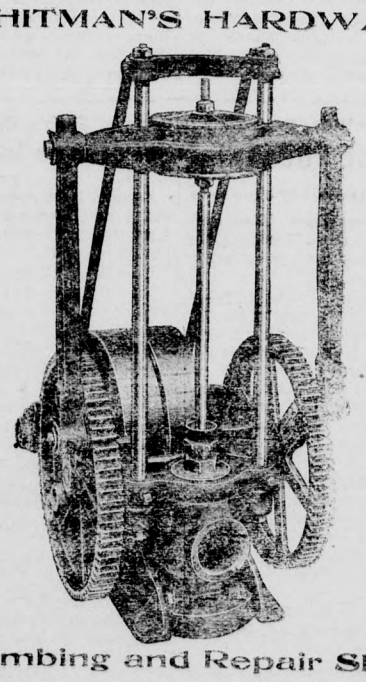
Gilroy — Campbell
Santa Clara — Saratoga

T. S. Montgomery, President — A. B. Post, Cashier

John F. Duncan, Manager Campbell Branch

STOVER PUMP JACK

WHITMAN'S HARDWARE



Plumbing and Repair Shop

THE BEST AND THE CHEAPEST

Tanlac is the Great Tonic and System Builder.

Orchard City Drug Co.

Christian Science Services

In Odd Fellows' Hall every Sunday morning, at 11 o'clock. Subject for August 25th is "Mind." You are cordially invited. Sunday School at 9:45.

WOULDST BE HAPPIER?

Eat National Ice Cream and keep cool—then you will be.

The most thrilling dessert for the kiddies. Ask your dealer.

Local and Personal

Buy Thrift Stamps to-day!

Supt. Bateman was in Campbell Tuesday meeting his friends and supporters.

E. E. SOWER for Men's Shoes, and Shoe repairing. Neolin soles and rubber heels.

Supervisor F. E. Mitchell has received a letter from his son, Wilbur, telling of his safe arrival in France.

Ernest Downing was down from Richmond to spend the week-end with his mother, Mrs. B. Downing.

Miss Evelyn Brown of Berkeley was the guest of her friend, Miss Ruth Hayes over Sunday, returning home Tuesday.

Roy Gardner and Clifton Carter have joined the Naval reserves and went to San Diego last week to enter the training camp.

E. W. Conant has made a most efficient county treasurer and we don't think there is any necessity for a change at this time.

Mrs. H. L. Preston was called to her former home at Knoxville, Ia., by the illness of her aged father. She will be gone a month or more.

Mrs. D. H. Cramer accompanied her uncle, Mr. Davidson, enroute to Portland Tuesday and will visit Tacoma and other points of interest before returning.

Mr. and Mrs. W. T. Morton and Mrs. Herold Morton have been enjoying a week at Santa Cruz. Mrs. H. W. Morton is visiting at Watsonville this week.

Word has been received from Rev. W. E. Eckles of his safe arrival and very busy times in France. He is already hard at work which he was anxious to get at.

Miss Hazel Shepherd of Los Angeles has been elected to teach in the local high school for the coming term. Miss Shepherd is a graduate of University of California.

Chas. Townsend is showing some fine corn raised on his Hollister ranch without irrigation. He was down the first of the week looking over his fine crop prospects.

Mrs. T. E. Marrs has received a most interesting letter from her son, Bert Campbell, at Camp Mills, in which he gives a very graphic description of his trip across the continent.

O. Strom was home from the Gazos Sunday and took his family to Berkeley for a visit. Mrs. Strom and Anita are remaining for the week, Alice and David returning with their father.

Miss Alice Snow went to Benicia Friday to resume her duties in the city schools. She will have charge of drawing and manual training both in the high school and grammar grades.

Henry Stiles has purchased twenty acres of fine alfalfa land near Hughson and will continue to live in the San Joaquin valley for a time tho he had planned to return to this valley.

The young people of the Congregational church will hold one of their delightful socials at the church parlors Saturday evening. This is given at this time particularly for the visitors in Campbell during the fruit work.

Pvt. Robt. Kennedy has been transferred from Camp Lewis to Camp Fremont with his company. Mrs. Kennedy and parents, Mr. and Mrs. Stoller, and Mr. and Mrs. Roy Archibald were at camp just in time to see him get off the train.

Four auto loads of Epworth League enthusiasts went to Gilroy Tuesday evening to attend the county rally. They enjoyed a picnic lunch on the way down. Rev. Stidger told the young folks some interesting facts of his experiences in France.

Mr. Hugh S Hersman, political caller in Campbell Saturday, was being introduced as the next Congressman for the 8th district. Mr. Hersman is very optimistic as to the final result and his chances for election do look good to a bystander.

The San Jose Bears will meet the Melrose hitters at Santa Clara Varsity park Sunday afternoon at 2:30. A good game is promised as Melrose defeated the fast San Leandro aggregation last Sunday and any Club that beats San Leandro is some pumpkins.

Friend John Roll was about town this week looking after his political fences which he finds stronger than when they were first put up. That's the kind of a Supervisor we like to support. Let's show him how Campbell appreciates her good roads by giving him a big complimentary vote.

A "war service Quiz" will be a feature of the next meeting of the Woman's Christian Temperance Union which will be held at the home of Mrs. P. Arnott. The full quota of war service fund has not yet been reached by Campbell union and members are urged to help at earliest convenience. Place of meeting—with Mrs. Arnott: Time—Aug. 28th at 2:30 p. m.

Happy Meeting

The following clipping tells of Lloyd Fenno, nephew of Mrs. W. H. Lloyd, of West Palm Beach, Florida, who is on the western front.

"Rather a singular coincidence has happened. A fellow named DeMerse and I have been attached to the hospital corps to act as first aids. And while at headquarters yesterday, receiving instructions, who should I run into but Lloyd Fenno. You can imagine the surprise of both of us. Neither he nor I knew the other was in France, but here we both are, and together. He enlisted in the navy as a hospital apprentice. Since last fall, when he came over, he has been attached to the marines, doing first aid work. He has had some wonderful experiences, and his comrades tell me that he has been recommended for the Croix de Guerrie for his bravery and loyalty. Lloyd is just the type of fellow one would expect such reports from, though—the quiet, faithful, and unassuming sort.

Vote for Him

It is too often the case that when there is only one candidate in the field for an office that he receives but a light vote, when he should receive a large complimentary vote as a sign of appreciation of duties well performed.

The above is very applicable at the present time to the candidacy of the Hon. John S. Chambers for re-election to the office of State Controller. Mr. Chambers' record as Controller, which is in many respects the most important office in the State, is such as to assure him both the Republican and Democratic nominations. But while his nomination and election are thus assured, he should receive the support of every voter in the State, not only of the Republican and Democratic parties but of all parties entitled to a place on the ballot, as a reward for faithful and efficient service rendered. Let us not forget this on August 27th at the Primaries and also in November.

Dr. Merrill Honor Guest

Mr. and Mrs. E. C. Merrill entertained a party of friends at cards Friday evening in honor of Dr. W. I. Merrill, who expects to enter U. S. Navy service in a short time.

After an enjoyable visit all ruond, light refreshments were served which concluded the pleasant affair.

Stamp Sales Progressing

The war stamp sales to Tuesday evening amounted to $29,614.75, and the pledges were $25,325 making a total $54,939.75 for the district. Campbell council has made another bound in limit members part of which are not included in the above statement.

The new limit members are: F. E. Mitchell, Wilbur Mitchell, Ralph Mitchell, Mrs. E. L. Fellows, Mr. and Mrs. A. P. Marston, H. C. Walter, W. H. Norman, Mrs. H. D. Thornton and the Campbell Bank, making a total of 36.

Born: To Mr. and Mrs. Geo. Schuyler on Monday, a son. Mother and baby doing nicely.

Mrs. Ida Thomas returned Tuesday from a week's visit by the sad sea waves at Santa Cruz.

Vivian Priestly writes that while marching in the streets of a city in France, he came up face to face with Rev. Eckles.

H. C. Hutton was taken to O'Connor Hospital Wednesday, suffering from blood poison which had affected his hand and wrist.

Rev. G. E. Atkinson has resigned his pastorate at Martinez to devote all of his time and efforts to Y. M. C. A. work at the various army camps.

Mrs. Harold Fosgate and little daughter, Barbara, arrived from Corning Wednesday for a visit with Grandpa and Grandma Brandenburg in Quito road.

The Country Woman's Club will resume its meetings on Sept. 9th. The program committee, Mrs. Crothers, Mrs. Bean and Mrs. Robson, has prepared a very interesting program on timely topics for the year's work.

Misses Matie and Merna Sawyer will leave the last of the week to take up their school duties at Pacific Grove and Monterey respectively. Miss Sawyer resigned her position in Willow Glen to accept an offer at Pacific Grove.

C. R. Stoller and family left Tuesday for an auto trip thru northern California, Oregon and Washington, their ultimate destination being Seattle, where they will visit for a time. Mrs. Robert Kennedy, Jr., remained here as "Bob" was returned from Camp Lewis to Fremont, arriving last Sunday.

A SQUARE DEAL — Blaine's GENERAL MERCHANDISE — for the Round Dollar

Why Isleton Butter Is So Good

There is one particular reason why Isleton Butter is so delicious that you just cannot spread it thick enough.

True, all its virtues do not spring from this source. In common with other good butters "Isleton" comes from selected cream, it is pasteurized, it is sealed in a cleanly package, it is delivered to you fresh.

But its goodness is founded on something else—a reason not only strong in itself, but adding emphasis to the other good points.

Other large creamery companies have many scattered plants. The Isleton Company once also had many different creameries. Now, obviously, among many butter-makers, some must be more skillful than others; one may be more skillful than any other.

Samuel Greene, the "Isleton" man, seeing a weakness in scattered forces, conceived the plan of combining all his plants into one, the largest on this coast. To this gigantic creamery he brought the best possible equipment, and the most skillful butter-maker to be found—a man imported from Denmark, which country sets dairy standards for the world.

As a result "Isleton" is uniform; the same expert care goes into every pound of it; of the price you pay, it is worth every cent—and more.

Home Cooking
Lunches Candies
Soft Drinks
Tobaccos - Cigars

R G DUNNING

Some Popular Official

Friend Wm. Richardson is a candidate for re-election as state treasurer. That his record is approved by the people is evidenced by the fact that he seeks the Republican nomination unopposed and his Democratic friends have placed his name on their ticket, having no candidate of their party.

It is estimated that he has increased the revenue of the state over forty thousand dollars a year on interest on deposit alone. His office is run efficiently and economically and an immense volume of business is handled with a very small force. Richardson's watchword is "service", and he is always ready to serve the people.

MERE MORTALS

Are we—be that as it be—the gods have sent us a dish. It's National Ice Cream and it's real but a "DREAM" and answers your greatest wish—to keep cool.

Miss Luella Pineo has gone to St. Lukes' hospital training school at San Francisco.

Mrs. Ethel Dunham Fay was here from Tracy last week visiting her parents, Mr. and Mrs. W. W. Dunham. She went to Centerville Monday.

E. R. Kennedy went up to Mount Hermon Wednesday evening returning Thursday with Mrs. Kennedy and Miss Ruth Lloyd who have been enjoying a vacation there. He was accompanied by Walter Lloyd, who went armed to bring back all the funny tribe in the Santa Cruz Mountains.

Discovery of Easter Island.

Easter Island was discovered nearly 200 years ago by the Dutch Admiral Poggeveen, who cast anchor there on an Easter Sunday, whence it derived its name. He found it more largely populated than it is now. But he and his crew must have seen and marveled at its bold rock sculpture, its terraces and walls, its picture writings. Many of these, indeed, rival the world-famous relics of Mexico and Peru, while they are strangely akin to them in conception and design.

Campbell Lumber Co.
W. T. MORTON, Prop.
PHONE 131

See us before purchasing anything in our line elsewhere.

Agency Mt. Diablo Cement & Santa Cruz Lime

Campbell, Cal.

Importance of Vote at the Primary Election

Sec. 23 of the Direct Primary Law states that where there is but one person to be elected to any non-partisan office the candidate who receives the majority at the primary is the only one to be voted for in November. That is, he is really elected at the primary. It is, therefore, important that voters go to the polls on August 27th and express their preferences. It will save expense of printing names on ballots and do away with manipulating politics at the last minute. The primary election is the poor man's safeguard and while our boys are fighting for liberty abroad we can help them by voting for liberty here.

EMILE FRITZ,
Candidate for Constable.

NOTICE

Thanking the voters of Campbell Township for their generous support of me as Justice of the Peace in the past nine years, and trusting, I may still have their suffrage, I hereby announce myself for re-election.

A. J. FARLEY,
Justice of the Peace
Campbell Township

Campbell Interurban Press

HARRY C. SMITH

Campbell - - - California

Immigration Promises to Set New Record—Smallest Since the Colonial Days

When the present fiscal year ends, June 30, it is highly probable that a new immigration record will be set—the smallest since colonial days, says the Washington Herald.

Immigration statistics of the first six months indicate that the year's total may be less than 100,000 persons. For the half-year ending January 1, 1918, only 57,715 came to America, and since then the monthly totals have dwindled to a few thousands.

The war, of course, is responsible. The real dwindling began when the United States entered the war. Since that day only one country has sent anything like the normal number of immigrants. That is Japan, which country now leads all nations in sending immigrants to America. Japanese immigration this year will reach 12,000 as against 8,925 in 1917, 8,711 in 1916 and 8,609 in 1915. During the first half of this fiscal year 6,008 Japanese arrived and they've been coming over at the rate of more than a thousand a month.

Italy, which before the war sent over seven times as many immigrants as Japan then did, this year will send less than a third as many.

Mexico, which sent 16,438 immigrants in 1917, will send less than three thousand this year.

British Afforestation.

Afforestation as a national undertaking is being kept insistently before the British government. At a meeting of the Scottish Arboricultural society in Edinburgh the other day a resolution was adopted, in which the government was urged to give facilities, and to provide funds for putting schemes of forest tree culture into operation. Afforestation carried out on a considerable scale, it is averred, would afford suitable employment, under healthy conditions, for a large and increasing rural population, while it would also assist in solving the problem of finding work and wages for the large number of soldiers who at the end of the war on returning home may not be able to resume their former occupations. The matter is really one of some national urgency. As the chairman pointed out, the war has made clear the dangerous extent to which Scotland has hitherto been dependent upon foreign timber, for since the outbreak of hostilities every article in which wood is used has gone up considerably in price.

Mother's Cook Book

Those who live on the mountain have a longer day than those who live in the valley. Sometimes all we need to do to brighten our day is to rise a little.

A Few Cooling Drinks.

Drinks that are cooling always find a place any time of day and the housewife who keeps a well-stocked ice chest will always be popular with her friends.

Ever-Ready Lemonade.

Boil together a cupful of sugar, a cupful of water and a half cupful of lemon juice; multiply this any number of times and keep in a cold place, adding iced water and using a tablespoonful of the sirup to a glass of water. Boil the mixture for five minutes before bottling.

Almond Drink.

Blanch three dozen sweet almonds and pound to a pulp; boil them in two quarts of milk, adding a vanilla bean, which may be removed in a short time; sweeten with half a pound of sugar or a cupful of honey, cool and strain. Serve in lemonade glasses.

Barley Water.

Wash two ounces of pearl barley and add to two quarts of water; heat slowly and boil until reduced to a quart. Add two ounces of sugar and the juice of a lemon; strain and set aside to get cold.

Fruit Sirup.

Boil together a pint of juicy fruit and a pint of water, stirring from time to time, then strain and add honey to sweeten; boil for ten minutes and then bottle. When serving allow a tablespoonful of the sirup to a glass of water.

Tea Punch.

Make a strong infusion of English breakfast tea, using a teaspoonful to a cupful of boiling water. For a quart of tea add honey to sweeten, and the juice of two lemons and an orange. A few slices of the fruit may be served with the punch.

Mint Julep.

Boil a cupful of sugar with a pint of water 20 minutes. Crush six sprigs of mint and pour a cupful of boiling water over it. Allow it to stand ten minutes, strain and pour into the sirup. To this add strawberry, raspberry and lemon juice; serve very cold.

Save the whey from cottage cheese, chill it and serve with any desired fruit juice flavor. A lemon with a slice of pineapple and a few cherries will serve two or three thirsty throats.

WRECKS HOSPITAL, BUT NOT A BABY HURT

Of all the freak things that bombs and explosives are known to do few are more interesting than that which this photograph of the wreckage at La Courneuve, near Paris, illustrates. The explosion covered all of the babies in the babies' ward with broken glass, knocked down the walls and created general havoc without seriously harming a single baby. The American Red Cross nurses in charge still marvel that there was no loss of life.

USE FAT CARDS IN SWITZERLAND

They Have Been Added to a Long List of Food-Saving Measures.

MANY COMPLAINTS MADE

People Urged to Use Peanuts and Fruit Stones as Substitutes—Planting of Sunflowers Along Roads Recommended.

Zurich.—Neutral countries are now feeling the scarcity of articles of food and are compelled to adopt rationing measures, thus following the footsteps of belligerent countries. Switzerland is adding to the bread card, meat card, coal card, etc., a new saving device—the fat card. Commenting on the impending innovation the Neue Zuricher Zeitung says:

"Of course the coming of the fat card is greeted with a general chorus of howling and cursing. The bread card received the same sort of welcome. However, systematic rationing of all our food is only to be welcomed when you consider the necessity of justly and equally feeding a whole people.

"It is the only way to make possible a fair distribution and it is the only way to suppress mean egotism. The fat portion prescribed by our government is sufficient for these extraordinary times of general food shortage. But even in peace times the housewife could hardly use 500 grammes a month for each person.

Wholesome Lesson.

"It does no harm at all if we are somewhat restrained in the use of fats. It will be a wholesome lesson to many of us. Some people were in the habit of wasting fat in shameful manner. It belonged to the requirements of an elegant kitchen to soak everything in fat. It became customary to trim the fat off boiled and roasted meat and even off ham and leave it on the plate. And then fat such as butter was added to meat and eggs, which contain enough fat of their own. Here the cooks squander a lot of fat because it is the easiest way.

"Some restriction and a little more thoughtfulness in preparing dishes will harm nobody. Overanxious people are howling about starving. They forget that the poor who form a very numerous part of our population always had to economize in the use of fats. Besides, man can get along without fat for a time. For most of our foods contain fat in another form. A shortage of fat might become serious if we had no substitutes, such as cornstarch and sugar. Every ounce of fat can be replaced by two ounces of starch.

"Of course weather and climate affect the amount of fats required by the human body. A person working hard during cold weather needs more fats than otherwise. As a whole, though, man is able to adapt himself, and his craving for fats is more a matter of habit than of necessity. In the kitchen butter should be displaced by oils. Oil is cheaper and well answers all purposes in frying and baking.

Peanuts as Substitutes.

"Peanuts may be used as a substitute for fat in the preparation of many dishes. All kernels and stones of fruit should be collected for the production of oil. A kilogram of cherry stones will yield 720 grammes of shells and 280 grammes of inner kernels. The latter will yield 67 grammes of oil.

"Peach and plum stones may be treated similarly and will give the same results. Even the pits of apples, pears and oranges can be made to produce oil. Pumpkins, too, contain a wealth of oil. Mostly all of these oil-yielding particles are thrown away as useless.

"Children should be taught to pick them up and collect them. Depots should be established where the children—and others too—can turn in their collections. The rising generation must become imbued with the desire to serve their country. Planting of sunflowers along roads, walks and railroad tracks must be encouraged.

"If all this is done systematically and faithfully the present shortage of fat will mean nothing to our people. It may be felt as an annoyance in the kitchen and the palate may miss something, but it will not cause any malnutrition of the people."

ONE-TIME JUNGLE PASTURES CATTLE

Now Furnishes Beef and Milk for 150,000 People in the Canal Zone.

DONE BY DITCH DIGGERS

Men Who Are Now Running Canal at Time When Its Importance in Winning War Is Vital and Imperative.

Christobal, C. Z.—It may safely be said that nowhere else in the world except in the Canal Zone could have developed a great pasturage area out of primeval jungle and put the cattle on it to support a population of 150,000 people with beef and milk in a year's time.

But this is what the men who dug the canal and nad it running ahead of schedule time have done. War's threat of famine has no terrors for them. It is also literally true that this industrial feat has been accomplished by the real ditch diggers, the men who were the rank and file of a few years ago, but who are now running the canal at a time when its importance in winning the war is so vital and imperative. The gunpowder material for the allies passes through the canal, and it may win the war before the great atmospheric nitrogen plants get into operation in the United States.

Economical Independence.

To make the force of men engaged in the maintenance, operation and defense of the canal economically independent of outside sources of food supply to the greatest possible extent, has become the fixed policy here, and the progress of the war daily vindicates its wisdom. There are hundreds of thousands of idle acres near the canal and hundreds of thousands of idle or comparatively idle men in adjoining countries, and the use of both these unemployed assets is self-evidently desirable.

Pineapples and sugar from Hawaii constantly pass the canal, when cane and pines both grow freely and luxuriantly here; oranges are imported from California and Florida; even fish from Europe sometimes, when Panama's waters abound in excellent red snapper and Spanish mackerel. It is a curious comment on industry that this situation should have existed here for 400 years, but at last it is being remedied.

To Whom Credit Is Due.

The main active agent in this work is the chief quartermaster of the canal, R. K. Morris, who is one of the "boys who grew up on the canal." He began as a clerk at a little over twenty years of age, some 14 years ago, and has now become the Hoover of the zone and perhaps the biggest agriculturist in Latin-America. Mr. Morris has taken up the work with intelligent enthusiasm, studied it from many angles, got a corps of practical experts, and is bidding fair to solve some of the most important and difficult problems that have ever confronted tropical pioneers. He is in line to do with tropical agriculture what General Gorgas did with tropical sanitation.

The time is very propitious and the results will be well worth watching.

DEPTH CHARGES EFFECTIVE

Narratives From Reliable Sources Refute German Assertion of Ineffectiveness.

London. — Interesting narratives from reliable sources refute the German assertion regarding the alleged ineffectiveness of depth charges and other methods of destroying submarines.

On a bright moonlight night a British patrol boat observed a submarine half a mile distant, apparently recharging. The captain immediately ordered full speed in the direction of the U-boat, with the object of ramming her before she was able to submerge. The U-boat succeeded in submerging, but the patrol boat came up and dropped six depth charges and then fired a shell at the center of the visible disturbance. Large quantities of oil came to the surface and cries for help were heard. Only one survivor was found.

A British submarine recently rammed an enemy submarine. The British boat cut through the enemy's plates and remained imbedded. Both endeavored to extricate themselves. The enemy, through using his ballast tanks, almost came to the surface, bringing the British submarine along. Then the German drew away in great difficulty, apparently frantically endeavoring to keep afloat, but subsequently sank.

RUSH FOR BRITISH GUARDS

All Classes of English People Eager to Enlist in Crack Regiments.

London.—The glamour of the Guards has appealed to men of all classes of society, and a vacancy in these regiments either of commission or in the ranks seldom needed hours to fill.

At present these regiments are open to recruiting, with the result that there is a positive rush among young men to enlist. The hundreds of young miners who have been released under the combing out order, especially men from the northern districts, are coming to London for the purpose of enlisting in these crack regiments, and the recruiting authorities are working night and day.

The men are all of splendid physique and show by their action that they have not got over the good old-fashioned English dislike of waiting until they are fetched.

The majority of the men are enlisting for the full army period of service and not for the duration of the war.

Said Wife Needed Shave.

Milwaukee, Wis.—"He told me I needed a shave," was the plea of Mrs. Clara Nitz, aged fifty-four, who is suing her husband, Arthur R. Nitz, aged fifty-eight, for divorce. She alleges cruel and inhuman treatment.

VICTIM OF U-BOAT BELITTLES MENACE

Spencertown, N. Y.—Joseph Satriale, radio operator on the President Lincoln, recently sunk by a German U-boat, survived the hardships of being adrift many hours only to come home here on furlough and be taken seriously ill, due to reaction.

Satriale, with several shipmates, was adrift 18 hours before being picked up by an American destroyer. He says the U-boats will have no great effect on shipping as long as the American destroyers and chasers are turned loose. Every time a piece of floatwood appears on the water's surface there is a swarm of small boats making for it.

German Is Banned.

Charlestown, W. Va.—The German language will be eliminated from the course of study in all the schools of West Virginia. The state board of education by unanimous vote adopted a resolution to this effect.

One-Eyed Man in Draft.

Camp Lee, Va.—Peg-legged men and men wearing crutches have been sent to this camp, but it remained for a North Carolina board to send a draftee who had but one ey

Can Fruits From Summer's Plenty

Prepared by the U. S. Department of Agriculture

Team Work in Canning Justifies a Vision of Pantry Shelves Groaning Under Well-Filled Jars.

Those luscious berries, peaches, cherries, figs, and other fruits, so abundant this summer, can be made to supply many desirable desserts for winter, and with little trouble. Practically all fruits can be canned at home in ordinary canners or in a large vessel with tightly fitting cover. In fact, fruits are easier to can than most vegetables. They are prepared more quickly and need to be boiled in the jars only once and generally for a shorter time than is necessary to can other products.

Canned fruits preserve most of the delicate flavors and succulence of fresh fruits and are the nearest substitute for fruits fresh from bush or tree. They are very valuable in the winter diet. They supply acids and mineral substances very useful in keeping the body in condition.

Do not cook or handle fruits in galvanized vessels. The fruit acid attacks the zinc coating and makes the product dangerous to health and spoils its color and flavor.

Fruits Can Be Canned Without Sugar.

Don't let cost or difficulty of obtaining sugar deter you from canning quantities of fruit this year. Fruit can be canned without sugar. Instead of using sirup, simply fill the cans with clean hot water and process in a water bath. The fruit will not spoil, but, of course, will not have the fine color and flavor which it would have if packed in sirup. The use of even a thin sirup in canning fruits will give a more attractive finished product than can possibly be obtained by canning in water. If sugar is not available, it will be well to consider drying the fruits instead of canning, since a good dried product is far better than a poor canned one. The importance of canning in less water should be stressed this year because of the high cost of containers. Fruits canned without sugar or with the addition of a very small amount of sugar may be used for pie fillings, desserts and in other ways.

Fruits for home use can be canned with corn sirup or refiners' sirup in place of part of the sugar ordinarily used. Sirups with a distinctive flavor add sweetness, but also, of course, change the flavor of the canned fruit. A little experimenting in handling fruits should enable a housewife to develop various combinations of fruits and sirups which are pleasing to her own family.

Caution: Fruits canned with plain water or with other than sugar sirup should not be sold until the jars have been labeled to comply with local and federal requirements as to description of contents.

How to Can Fruit.

Boil empty jars and lids for at least fifteen minutes before you fill them with the fruit. Rubber rings just before being put on the jars should be cleansed by dipping for a minute into a quart of boiling water in which a teaspoonful of cooking soda has been dissolved. Take the jars out of the water bath, drain quickly and fill, while still hot, with the fruit prepared as described below. Fill the jar with hot sirup or hot water. Put on the lid but do not seal absolutely tight, so as to allow for expansion inside the jar.

Put the partially sealed jars, while still hot, into a hot water canner provided with a false bottom of slats or wire mesh. Do not put cold jars into hot water—or boiling water into cold jars—they'll crack. Boil (process) the filled jars for the time specified in the recipes, counting from when the water in the canner begins to boil again. Remove jars; seal airtight; when cold test for leaks and store in a dark, cool, dry place.

SWAT THE ROOSTER

Many summer eggs spoil. They spoil because they are fertile. Because many of them spoil, eggs sell much cheaper than they ought.

The rooster makes the eggs fertile. he does not help to get more eggs. He hinders. Hens will probably lay more eggs without the help of the roosters.

Then why keep the roosters over the summer? There is no reason at all.

When the produce man buys eggs in summer, he allows for rotten eggs. That brings the price down. Not only is there a loss on the price, but the eggs are lost. That means waste.

Infertile eggs will not spoil. If they are kept cool, they will keep fresh for a long time. The fertile egg spoils because the germ of the egg begins to develop. But there is no germ in the infertile egg.

Therefore, swat the rooster.
Keep clean nests for the hens.
Gather the eggs often.
Market eggs twice a week, at least.
And again, swat the rooster!

Near-Tobacco Kills Teutons.

The tobacco substitute supplied to the German army has proved more injurious than enemy gas attacks, Deputy Mueller of Meiningen asserted in the reichstag recently. The substitute is composed of beech leaves, says the Koelnische Zeitung. On behalf of the army administration Gen. von Oven admitted that further delivery of the substitute had been stopped.

Garden Army Flag.

A service flag for the United States school garden army, to be displayed in homes of nearly 2,000,000 boys and girls who volunteered to aid in food production, has been designed. The flag bears a crossed rake and hoe, with the letters U. S. S. G. in blue on a field of white with a red border.

A fireproof varnish has been devised for use in the fabrication of airplanes.

General Foch's Great Army Numbers Seven Million Men.

General Foch commands the largest single army under one man in all history, observes a writer in the Philadelphia Telegraph.

The French have under arms nearly 4,000,000 men. The English army in France is at least half of that. America, 1,000,000 men on the battle front.

There will be 7,000,000 men under General Foch on one front and moving in the same direction.

Hindenburg does not have that many on any one line or in any one army.

Napoleon's largest army was 600,000, and he never had over 1,000,000 soldiers in uniform in his empire.

Grant had 1,000,000 under his command during the last year of the Civil war.

Wellington's largest army was under 100,000.

Von Moltke did not have in any one army in the Franco-Prussian war a quarter of the troops now obeying the commands of Hindenburg.

Shoes to Support Arches.

Two shoes have been patented to support the arches of their wearers' feet, one with a bracket extending forward from the heel and the other having a projection from the shanks to the ground.

Statistical Notes.

New York state in May had 80 fatalities in auto accidents.

Camp Funston, Kan., is gardening 20,000 acres this year, employing interned kaiserites.

Germany has limited the amount that prisoners may spend to $15 a week for officers and $12.50 for privates.

Mary Callahan is dead in Lock Haven, Pa., madhouse after 50 years' confinement there, costing the state $6,022 for her maintenance in that period.

CAMPBELL
INTERURBAN PRESS
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HARRY C. SMITH

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SOCIETIES.

Masonic Notice

Charity Lodge, No. 362, F. & A. M., Campbell, Cal. Stated meetings held on the second Monday of each month.
R. G. Archibald, W. M.
G. E. DeSelle, Secretary.

Independent Order of Odd Fellows

Morning Light Lodge, No. 42, meets every Thursday evening in Odd Fellows Hall. Sojourning brothers are cordially invited to attend the lodge meetings.
B. F. Davidson, Noble Grand.
J. D. Sawyer, Secretary.

Patrons of Husbandry

Orchard City Grange, No. 333, meets on the second and fourth Tuesday evenings at the Odd Fellows Hall. Sojourning members are cordially invited to attend.
Robert Scholz, Worthy Master.
Mrs. Edna Keesling, Worthy Secretary.

Fraternal Aid Union

Palm Leaf Council, No. 560, meets on the second and fourth Saturday evenings at Odd Fellows Hall. Sojourning members are cordially invited to attend.
G. H. WHITMAN, President.
Mrs. S. J. Brandenburg, Secretary.

Brotherhood of American Yeomen

Orchard City Homestead No. 5265 meets 1st & 3rd Wednesdays of each month in I. D. O. F. Hall at Campbell. All Yeomen are cordially invited to attend meetings.
Edward O. Evans, Honorable Foreman — Harry C. Smith, Correspondent

Dr. Ernest A. Abbott
Dentist
Room 6 PORTER BUILDING
Phone San Jose 2447 — San Jose, Cal.

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BREAD.
& BAKERY SUPPLIES
Campbell Bakery
R. ENGEL, Prop.

Voters of Campbell Township

I am a candidate for re-election. I have tried to be strictly impartial in arrests, have been controlled by the spirit of compromise, where minors are the delinquents, and have tried to obey the law as it defines the duties of my office.

I thank you for your support in the past, and I hope for it in the August and November elections of 1918.

T. L. SHARP,
Constable C. T.

WAR SAVING STAMPS
WAR SUPPLY SHIPS
Will Save Soldiers

CANTEEN WORKERS CATER TO POILU'S APPETITE FOR OYSTERS AND SALADS

Eleanor Robson Belmont, Home From Europe, Tells of Her Unbounded Faith In the Red Cross.

By ELEANOR ROBSON BELMONT.

WHEN I left for Europe a few months ago I had no cast-iron reverence for the Red Cross. When I returned from Europe I brought home with me unbounded belief in the organization. I had seen enough to make me realize that this was the best method of serving the soldiers and sailors. We are waging an economic war. Therefore the surest and most effective way to help is through the established channels selected for that purpose by the government.

The main work of the American Red Cross, however, is, of course, carried on in France. The policy of those heading this work is to back up the French in their own efforts and to help them develop along their own lines, not to root out French institutions and transplant American ones. Whether we work, then, in canteens, in warehouses, in dispensaries, for poilus or for refugees in Paris or in

ELEANOR ROBSON BELMONT.

the devastated districts, for the children or for the aged, it is always on the same plan of backing up the French if they have any organization or plan.

Poilus Like Oysters and Salad.

The canteen work is one of the most gratifying ways of helping the men. To see those poilus enjoying the first delicacies they have had for days is a sight satisfying sight. The English and French maintain canteens where they dispense soup, hot coffee and cocoa, tobacco, chocolate, etc., but the American Red Cross canteens serve real dinners at cost or under. The poilus are inordinately fond of oysters and salad; when they can order a plate of oysters or a dish of salad in an American canteen they are as happy as children. We have six canteens in the French zone for the French army. France is, of course, divided into zones. In one line of communication canteen we serve from 4000 to 8,000 men a day. These canteens are near the railroad stations for the benefit of the men going to the front, being transferred to some other section, or going home on a furlough. In one section the huts used for this purpose are little alleys marked "Paris," "Dijon," or "Lyons." These little alleys are laid out with bunks filled with sleeping men. If a poilu is going to Paris, he throws himself down in the Paris bunk, serene in the knowledge that he will be called in time for the Paris train.

In some of the canteens the lights have to be dimmed on account of aeroplanes. Often the lights are covered with colored muslin shields which make a rosy glow that is very homelike. One of the canteens has been decorated by some of the best camouflage artists in France, who have taken great delight in covering the walls and even the ceiling with their pictures. The canteens are open day and night for the benefit of the men at the big junction points.

Do More Than Feed Men.

The women in the canteens do more than feed the men, however, important as that is. Poilus leaving their families are naturally depressed and need sympathetic listeners. Some one to admire his wife's picture, some one to laugh over the baby's latest sign of genius, some one to tell him that the oldest boy is the image of his handsome father—this is as real a need in the poilu's life as salad or soup. In fact the presence of these fine women is such an influence for good that officers say the morale of the army is distinctly higher wherever the canteens are. This causes great rivalry among the canteen workers. Each one wants her canteen to be the best and most popular in the service.

Besides this direct, personal service to the soldiers the Red Cross is doing a kind of John the Baptist work with dispensaries. We have fifteen dispensaries scattered through districts where war has been or is likely to be. France had mobilized 18,000 of her 24,000 physicians, leaving about 6,000 for the whole of civilian France. Sometimes you will find one old doctor taking care of several villages with no means of transportation except occasionally an aged, overworked horse. Here is a chance for the Red Cross to step in and help. There is a syndicate of physicians to which the Red Cross applies to find out if a certain village has a medical adviser; if not we establish a center and operate in a given section around the center.

Bathing a Luxury.

A Red Cross doctor and nurse go out regularly to the villages in their section. Each village is informed when they are coming so that all who want medical advice or treatment can meet together in one spot and save unnecessary calls. Of course, if any one is too ill to come to the doctor, the doctor goes to him. The nurses carry among other things shower baths for babies. In many regions of France, owing to lack of facilities, bathing is a luxury, so the superstition has grown up that it is dangerous. Now since the mothers are convinced that their children will be neither killed nor injured, but on the contrary benefited by baths, how they do look forward to them!

After all this inspiring activity of the Red Cross on the other side, romantic in spite of the drudgery and tragedy, I expected the work here to be an anti-climax. I was amazed, then, when I returned to see what we were accomplishing at home.

HIGHEST W.S.S. SOCIETY

A War-Savings Society has been formed on the top of Mount Hamilton. The Lick Observatory colony has organized to help in the sale of these little Government bonds and everyone on the mountain has pledged himself or herself to practice greater economy during the war and to invest savings in War-Savings Stamps. The society is headed by Prof. Robert G. Aitken. Miss Helen D. Curtis is secretary.

Beyond All Price.

Gifts from the hand are silver and gold, but the heart gives that which neither silver nor gold can buy. To be full of goodness, full of cheerfulness, full of sympathy, full of helpful hope, causes one to carry with him blessings of which he is himself as unconscious as a lamp is of its own shining. Such a one moves on human life as stars move on dark seas to bewildered mariners.

The Collar Bone.

It has been noticed that the collar bone is more frequently broken than any other bone in the body.

CALIFORNIA SLAVS BUY WAR-SAVINGS STAMPS

Slav immigrants in California are among the heaviest investors per capita in War-Savings Stamps according to a report made to State Director John S. Drum by George L. Bell, executive officer of the State Commission of Immigration and Housing. F. J. Palomares and Antone Scar, field agents of the Commission, have been working in Amador county and report that a thousand or more Slavs have decided to invest their savings in these little government bonds, lending their money to the cause of defeating autocracy in the old world. Scar appeared before several organizations and as a result the stamp sales at the postoffice boomed. Many of the immigrants have bought more than $100 worth of stamps each. Scar and Palomares will continue this work in the lumber and mining districts of the northern part of the state.

Copper Mines and Typhoid.

Workers in copper mines are said to be generally immune from typhoid.

National Ice Cream
Pure and Good

AT LAST

National Ice Cream has come right into your midst. Remember the most delicious ice cream you ever tasted?

It Was At The Exposition
REMEMBER?

Of course you do — and that National Ice Cream won the Gold Medal for its

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There is nothing on earth which will so completely satisfy you as its cooling, velvety richness. So go right over to your nearest dealer and have

Your Greatest Treat

A Satisfactory Official For 12 Years
By the Choice of the People
ARTHUR B. LANGFORD
FOR SHERIFF = Retain Him

Why he should be retained - - the record stands:

1. An honest, efficient official 12 years.
2. Served 70 per cent of all warrants directly thru Sheriff's office. A record.
3. 236 cancellations out of 386 circulars. Another record of note.
4. 90 per cent of all stolen horses recovered.
5. 75 per cent stolen motorcycles recovered.
6. 99 per cent (or all but one) stolen autos outside city limits recovered. Another record.
7. 97 per cent convictions on statutory crimes.
8. 70 per cent murder cases have been closed.

A WONDERFUL COMPARISON WITH OTHER COUNTIES.

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A Clean Man — A Clean Campaign — A Clean Office For 12 Years

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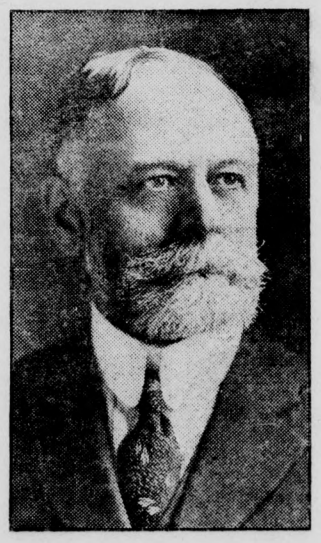
Daily Thought.

We reap what we sow; but nature has love over and above that justice, and gives us shadow and blossom and fruit that spring from no planting of ours.—George Eliot.

HASTE--

To your dealer for a delightfully refreshing dish of National Ice Cream—the minute you are a bit warm. You will be amazed how soon you will feel "like another person"—after you fathom its cooling mysteries.



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FOR HAPPINESS AND CONTENTMENT in your home, proper furnishings are necessary. We sell one piece or carload. ZUMBRO FURNITURE COMPANY — Complete home furnishers — 790 - 792 Mission Street, San Francisco.

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PACIFIC AUTO TRAILER CO., manufacturers, 165, 167 13th Street., Oakland, Cal. Auto-Truck Trailers, one to five ton capacity.

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FREE CATALOG OF ZAZZ Musical Instruments of All Kinds. CALIFORNIA BAND INSTRUMENT CO., 573 14th St., Oakland.

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THE CURTAIN STORE, 520 13th Street, Oakland, carries the largest and most varied assortment of Curtains and Drapery materials in the west and specializes in overstuffed made-to-order furniture.

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CARPETS — Rugs — Linoleums. Floor coverings of all kinds. Estimates furnished. Andersons Exclusive Carpet House. 405 13th street, Oakland.

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Is guaranteed to kill your ANTS—your aunt's ANTS or anybody's ANTS. Ask your dealer or write Mailliard & Schmiedell, Brokers, San Francisco or Los Angeles.

The Idea!

"Young Dubwaite was a member of the 'nine,' the 'eleven,' and the 'eight' at college."

"I dare say his father is proud of him."

"Not so much as you might think. The old gentleman foolishly hoped he would learn a little Latin."

Well Informed.

"There goes a man who has delved deep in Roman history."

"An authority on the subject, eh?"

"Sure. He knows more about Julius Caesar than the average voter knows about his congressman."

Why Bald So Young
Rub Dandruff and Itching with Cuticura Ointment
Shampoo with Cuticura Soap
Sold everywhere. Soap 25 Ointment 25&50

Precision.

"Look here," said the irate diner, "there's a fly in the butter."

"That isn't a fly," commented the waiter, "it's a moth. And that isn't butter; it's oleomargarine. Otherwise your assertion is correct."

ALLEN'S FOOT-EASE FOR THE TROOPS.
Shaken into the shoes and sprinkled in the foot-bath it gives rest and comfort, takes the friction from the shoe and prevents blisters and sore spots. Makes walking easy. Accept no substitute. Sold everywhere. 25c.—Adv.

Tired of It.

"Do you really believe there is a man who wants to take the sweetness out of life?"

"I should think the man who has to censor the soldiers' love letters does."

Quite So.

"There is not so much scope in this war for naval activity."

"Oh, yes; now and then, there's a periscope."

CALOMEL MAKES YOU SICK. UGH!

"Dodson's Liver Tone" better than calomel and can not salivate.

Calomel loses you a day! You know what calomel is. It's mercury; quicksilver. Calomel is dangerous. It crashes into sour bile like dynamite, cramping and sickening you. Calomel attacks the bones and should never be put into your system.

When you feel bilious, sluggish, constipated and all knocked out and believe you need a dose of dangerous calomel, just remember that your druggist sells for a few cents a large bottle of Dodson's Liver Tone, which is entirely vegetable and pleasant to take and is a perfect substitute for calomel. It is guaranteed to start your liver without stirring you up inside, and can not salivate.

Don't take calomel! It makes you sick the next day; it loses you a day's work. Dodson's Liver Tone straightens you right up and you feel great. Give it to the children because it is perfectly harmless and doesn't gripe.—Adv.

Work of Japanese Girls.

For Japan's coronation ceremony of taishosal next November 27 pretty young women have been assisting in transplanting the young emerald rice plants in the sacred fields of the Mikawa province. Half way to their knees in water, they toiled daily, like their less privileged sisters, at the work. Bending down, they laid the tiny shoots in place, and rising, sang sacred Shinto songs, for the rice grains of the rare festival must be perfect in shape and color—true seed pearls of the Way of the Gods. The girls are from sixteen to twenty-one years old. Of these things the papers took note. The photographers snapped them in their coming and doing and going. Not only from the neighborhood but from afar have come insistent marriage proposals, and all but one are said to be engaged and are to be married the day of the coronation.

Your Eyes **Granulated Eyelids,** Eyes inflamed by exposure to **Sun, Dust** and **Wind** quickly relieved by **Murine Eye Remedy.** No Smarting, just Eye Comfort. At Your Druggists or by mail 60c per Bottle. For **Book of the Eye** free write h-13
Murine Eye Remedy Co., Chicago.

MOTOR COP MAKES GOOD

Joins Tank Squad After Completing Task Set Self.

"If I get the fellows that stole that car I'll feel that I am a good man and will enlist in the 'tank' service," declared Leo Hays, a motorcycle policeman of Omaha, to his fellow workers at the police station. Then he left the building in search of two men who had stolen a car from A. L. Gilinsky.

Half an hour later he returned with the car and two men.

Hays, who is an expert gas engine mechanician, is now in the tank service.

The months of September and October are delightful in Oregon, Washington and British Columbia. Start your vacation now, and the more it is extended into these two months, the better you will be pleased. The Pacific Northwest has more to offer than any single resort in the world. Write us for booklet on Golfing, Fishing, Motoring, Mountaineering or Yachting. Pacific Northwest Tourist Association, maintained by governments of Oregon, Washington and British Columbia, Executive Offices, 1018 L. C. Smith Building, Seattle.—Adv.

Overdid It.

"Did you try the simple plan of counting sheep for your insomnia?"

"Yes, doctor, but I made a mess of it. I counted 10,000 sheep, put 'em on the cars and shipped 'em to market. And when I'd get through counting the wad of money I got for them at present prices it was time to get up."

LANKERSHIM HOTEL

San Francisco's Popular Hotel, 55 Fifth Stree
Rates $1 per day and up.
Write for free road map of California.

At the Museum.

"What an extraordinary long bill that bird has!"

"Must be dealing at the same provision store that I do."

Reveling in Discord.

"Is Mr. Chuggins fond of music?"

"I'm afraid not. I can't see how a man who brags so much about his new auto horn could be."

Laugh When People Step On Your Feet

Try this yourself then pass it along to others. It works!

Ouch ! ? ! ? ! ! This kind of rough talk will be heard less here in town if people troubled with corns will follow the simple advice of this Cincinnati authority, who claims that a few drops of a drug called freezone when applied to a tender, aching corn or hardened callus stops soreness at once, and soon the corn or callus dries up and lifts right off without pain.

He says freezone dries immediately and never inflames or even irritates the surrounding skin. A small bottle of freezone will cost very little at any drug store, but will positively remove every hard or soft corn or callus from one's feet. Millions of American women will welcome this announcement since the inauguration of the high heels. If your druggist doesn't have freezone tell him to order a small bottle for you.—Adv.

YOUR SON'S LIFE OR A NEW SUIT

What It Means If 105,000,000 People Refuse to Economize on Clothing.

NATION HURT IN MANY WAYS

One of Numerous Cases in Point Vividly Illustrates the Vital Necessity of "Saving to Save the Country" in War Time.

By PAUL M. WARBURG,
Vice Governor of the Federal Reserve Board.

I am one of one hundred and five million of inhabitants of the United States; my duties are the same as those of every other true American, and those of every other true American are the same as mine. Whatever I contribute to the cause of the country, I may expect to see done—each in his own way—by 105,000,000 people.

Let us suppose for the purpose of illustration that I decide that I shall effect a saving on clothes. I might select boots, automobiles, umbrellas, or any other article for which I regularly spend my money, as I have no desire to single out any one commodity, but clothes lend themselves to my thought, so I name them. If I make up my mind, then, at this juncture that to wear old clothes is more respectable than to be seen in new ones; if I decide to buy one new suit of clothes less than I usually purchase each year, and if I figure that suit to cost no more than $10—the country as a whole, should we all pull together and act on the same lines, would save thereby over one billion dollars. It is true that in dealing with our 105,000,000 population we include children and many poor people that could not save ten dollars each because they never spend more for clothes than they absolutely must. But on the other hand $10 is a much smaller amount than the average man or woman spends for a new suit of clothes. The assumption that a billion dollars could easily be saved on clothes may, therefore, be accepted as conservative.

The first thought that occurs to us in this connection is, that by this saving in clothes over one billion dollars would be freed to be invested in Liberty loan bonds. That is the first important and most obvious result. But there are other economic results involved in this saving that are of far greater importance than the mere saving of money.

Economic Results Are Vast.

Let us consider first what one billion dollars' worth of clothes means. Suppose they were half-wool and half-cotton and that the value of the raw material constituted only 50 per cent of the price paid by the ultimate consumer, that would, at the present price of 60 cents per pound for wool and 30 cents per pound for cotton respectively, represent 208,334 tons of wool and 416,667 tons of cotton. Can you imagine how much freight space would be required on water and on land, in moving this mass of raw material? Do you realize that if these bales were put into freight cars, assuming a loading capacity of 16 tons per car for wool and 13 tons per car for cotton, this would represent 13,021 box cars loaded with wool and 32,056 box cars loaded with cotton? Assuming 75 cars per train, there would be about 600 trains; the total length of these trains would be approximately 314 miles, and these trains, hauled by 600 engines, when standing in line would approximately cover the distance from Baltimore to Pittsburgh? Can you imagine the amount of coal consumed in first transporting and then weaving this raw material into cloth? Can you imagine the number of hands employed in these processes? And then consider that more coal, more labor and more transportation are required in distributing the cloth and again more labor and more material in converting it into clothes, and again more labor and transportation in retailing the finished product to the final consumer.

Let us be mindful that all the time these processes are being carried on, Uncle Sam is short of the men necessary to dispatch his war work, and furthermore that shortage of coal and the clogging of the wheels of transportation have stopped his progress at most critical moments and in the present emergency continue to remain a constant menace to the country.

May Cost Your Son's Life.

My new suit of clothes means, therefore, delay for our military operations; delay in transporting and equipping men, and in sending to them, and to our allies, the supplies they need; means increased losses and a longer duration of the war. My new suit of clothes may cost, therefore, the life of my son.

The supply of goods, of labor and of transportation is limited. It is a matter of common agreement that this limited supply is not sufficient freely to satisfy all wants and that unrestricted attempts on the part of each individual to satisfy his own requirements may lead to a wild scramble and destructive competition with the government, resulting in fatal delay and endless increase in prices.

The loaf of bread available for ourselves and for our allies is not large enough to "go around" if we all want to eat more than is absolutely necessary for our maintenance. It is everybody's duty, therefore, at this time to "tighten his belt" and to make a genuine effort to live on as thin a slice of the loaf as he can. Unless that be done we must buy additional food in neutral countries, thereby using tonnage that should be kept available for our military operations and increasing our difficulties in adjusting our trade balances with neutral countries.

Hurts Uncle Sam in Many Ways.

To return to our story of the suit of clothes: During last year the United States had to import 421,000,000 pounds of wool, representing a value of about $172,000,000. About half of this came from Argentina. Our suits of clothes called for a substantial portion of this wool and therefore to that extent robbed Uncle Sam of the use of his ships. Moreover, our factories being busy in producing the things required for the prosecution of the war and our home consumption still proceeding at almost top speed, the quantity of goods available for shipment to Argentina in payment for the wool (or for that matter to Chile for nitrates, to Peru for copper, and so on), is insufficient. As a consequence the United States had to pay for more goods in South America than South America has had to pay for goods bought in the United States, thereby causing a decline of dollar exchange in these neutral countries. This shrinkage in the price of the dollar means that it has lost a corresponding part of its purchasing power in neutral countries. The scarcity of goods available for our export trade has thus become a serious obstacle in our way in trying to secure at reasonable prices or in adequate quantities some of the things that we absolutely require from foreign countries.

My suit of clothes has hurt Uncle Sam, therefore, in several ways: I have consumed more wool than necessary and thereby forced the United States to import a correspondingly large quantity of this article; I have consumed more cotton goods than necessary and to that extent have deprived Uncle Sam of the means with which to pay for the minimum of wool which we may have to import.

Clothing but One of Many.

I have used the illustration of a new suit of clothes; it would be easy, though somewhat tedious, to show that we have been dealing only with one case in point. The country is short at this time of hides and skins and has to import large quantities from neutral countries because we are extravagant in our individual purchases of shoes. Similarly, though we are the largest producers of copper, we are forced to import copper from Peru because or civilian population has not begun sufficiently to curtail its use. In like manner we might ask ourselves is it at all excusable that at this time we still manufacture such articles as silk stockings, when every thread of silk must be imported, while we could use our own cotton?

It is impossible and unnecessary to enumerate the many articles that are in a similar position. Many billions of dollars can easily be saved when once we are capable of realizing the cumulative effect of individual "saving;" take the word "saving" in its larger meaning, as involving not only money, but also goods and services. If every individual could be made to see with his own eyes that neglect of saving of this sort means decreased war efficiency, a prolongation of the war, and a larger number of casualties; if every one who has a son or dear relative on the fighting lines across the water could be made to feel that millions of small savings directly affect his boy—there would be no doubt that we could secure the most conscientious and enthusiastic co-operation of all the people. Thus far—we must say with regret—of 105,000,000 people, 100,000,000 do not see the connection between the suit of clothes and the life of the boy.

Germany's Enforced Economy.

Germany's military success is largely predicated upon her ability to center the entire national effort upon the business of war. It is safe to say that she never would have been able to bear the burdens of the fight as well as she has during these four long years had it not been for the enforced savings in material, money and men brought about through the British blockade. If it had not been for the stern necessities created by that blockade the German people would not have been willing to submit to famine rations as to food, clothes, shoes and other similar articles. Industries catering to the appetites and extravagances of the masses would have kept men and material from the government instead of making everything available for the war work of the government, and financially she would have exhausted herself by buying things abroad that she could go without or for which she had to strain her ingenuity in finding or creating substitutes.

It is difficult to bring about drastic economy without the compulsion exercised by hard necessity. For us the problem is whether or not, of our own free will, we shall be able to establish our own voluntary blockade against waste and extravagance. It is a problem whose solution requires the greatest intelligence and the greatest degree of unselfish patriotism. It is a problem that will put the spirit of our people to the severest test.

The government is not devoid of means of promoting economy. The war industries board, the food and fuel administrations, the capital issues committee, the department of labor and department of agriculture all move in the same direction of increasing necessary production and decreasing unnecessary consumption.

Full success, however, may be counted upon only if the whole-hearted cooperation of every citizen of the United States can be enlisted.

TO RESIST THE ATTACK — of the

germs of Consumption, Scrofula, Grip, Malaria, and many other diseases — means fight or die for all of us. These germs are everywhere in the air we breathe. The odds are in favor of the germs, if the liver is inactive and the blood impure.

What is needed most is an increase in the germ-fighting strength. To do this successfully you need to put on healthy flesh, rouse the liver to vigorous action, so it will throw off these germs, and purify the blood so that there will be no "weak spot," or soil for germ-growth.

We claim for Dr. Pierce's Golden Medical Discovery that it does all this in a way peculiar to itself.

It cures troubles caused by torpid liver or impure blood.

"The Common Sense Medical Adviser," latest edition, in French cloth binding, will be sent free on receipt of five dimes or stamps to pay the cost of printing and mailing only. Address Dr. Pierce, Prest. Invalids' Hotel, Buffalo, N.Y.—Adv.

S. F. N. U. - - - - - - - - - No. 34, 1918

When writing advertisers please mention this paper.

BREAKS POLE WITH HEAD

Soldier From Here Is Still After the Kaiser.

Joseph McKinley Walker, Company C, Eighteenth infantry, First battalion, Camp Grant, en route with colored troops East, while dreaming of the Huns jumped from his berth, which was No. 13, in nightmare, and struck an iron signal pole with his head, breaking the pole. He was taken to the hospital at Hammond, Ind., apparently dying. Recently he appeared at the depot and begged the agent to get him East so he could rejoin his comrades, who, he said, were bad actors and liable to catch the kaiser before he could get there if he didn't hurry.

Soothe Itching Scalps.

On retiring gently rub spots of dandruff and itching with Cuticura Ointment. Next morning shampoo with Cuticura Soap and hot water. For free samples address, "Cuticura, Dept. X, Boston." At druggists and by mail. Soap 25, Ointment 25 and 50.—Adv.

Nursing a Luxury.

"Have you any idea of the amount of money you waste every year on tobacco?" inquired the severe-looking man.

"No," replied the serene man. "You know if I kept figuring on what it cost I might not enjoy smoking sufficiently to make it worth while."

To keep clean and healthy take Dr. Pierce's Pleasant Pellets. They regulate liver bowels and stomach.—Adv.

Great Discovery.

"So you got some bargains."

"Yes, Charley, dear," exclaimed young Mrs. Torkins. "I found several things whose price has increased only two or three hundred per cent in the past week."

Cautious.

"Is your brother making much money as a chauffeur?"

"Well, he manages to raise the dust."

A NERVOUS BREAKDOWN

Miss Kelly Tells How Lydia E. Pinkham's Vegetable Compound Restored Her Health

Newark, N. J.—"For about three years I suffered from nervous breakdown and got so weak I could hardly stand, and had headaches every day. I tried everything I could think of and was under a physician's care for two years. A girl friend had used Lydia E. Pinkham's Vegetable Compound and she told me about it. From the first day I took it I began to feel better and now I am well and able to do most any kind of work. I have been recommending the Compound ever since and give you my permission to publish this letter."—Miss FLO KELLY, 476 So. 14th St., Newark, N. J.

The reason this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, was so successful in Miss Kelly's case was because it went to the root of her trouble, restored her to a normal healthy condition and as a result her nervousness disappeared.

SAN FRANCISCO HOTELS

Acme Hotel

819 Mission St., Near Fourth St. San Francisco
Opposite Mission St. Entrance of Emporium
300 Rooms at Moderate Prices
150 Rooms at 75c per day or $3.00 per week. 75 Rooms at $1.25 per day or $4.00 per week. 75 Rooms, Private Bath at $1.50 per day or $4.50 per week. Steam Heat, Every Convenience, Large Lobby on Ground Floor.

LADIES $1000 REWARD! I positively guarantee my great Successful "Monthly" Compound. Safely relieves some of the longest, most obstinate, abnormal cases in 3 to 5 days. No harm, pain or interference with work. Mail, $1.50. Double Strength $2.00. BOOKLET FREE. Write today. DR. A. B. SOUTHINGTON REMEDY CO. KANSAS CITY, MO.

MEN AND WOMEN—YOUNG OR OLD. Make big money. New article for home canning. Sell without talk. Write now. Mutual Novelty Mfg. Co., Tacoma, Wash.

63,000 ACRES DEEDED LAND; dandy ranch proposition; $3.00 per acre. Title perfect. Thos. G. Aitken, Hurley, New Mexico.

To Geo. W. Glendennig

J. J. Stanfield and Dan R. Hayes

Commonly Advertised as the "Wet" Candidates

In reply to your open letter of yesterday, we declare that we stand squarely and unequivocally in favor of the national dry amendment proposed by Congress. We are going before the voters on this issue. If we are elected, we shall deem it an endorsement of our position by the people, and a mandate to vote "yes" on this national amendment.

The voters are entitled to an opportunity to express their views on this question of nation-wide prohibition, which is entirely distinct from state-wide prohibition.

The only way the people can so express themselves is by voting for candidates who have definitely and explicitly declared themselves on this question.

You have not, during the entire campaign, taken a stand on this issue that will enable the people, in casting their ballots on election day, to know whether, if elected, you will vote "yes" or "no" on this national amendment.

The issue being so important, and the voters being entitled to know, before election, exactly how each candidate will vote, we invite you to a joint meeting at the High School Auditorium, San Jose, Friday evening, August 23rd, at 8 o'clock, at which each candidate will be given an equal opportunity to state his position.

HERBERT C. JONES,
Candidate for Senate.
T. M. WRIGHT,
Candidate for Assembly, 44th Dist.
GRANT R. BENNETT,
Candidate for Assembly, 45th Dist.

Designated by you, "Commonly Advertised as the Dry Candidates."
August 12, 1918.

GEO. W. GLENDENNING

—IN—

State Senate

J. J. STANFIELD

—IN THE—

Assembly

Two of the best known producers in Santa Clara county, will mean that the people of their respective districts are sure of intelligent representation and of legislation insofar as they have the power to initiate it of substantial value to the entire state.

Mr. Stanfield believes that the cost of state government is excessively high; as a property owner who pays thousands of dollars a year in taxes to his own county, it is to his interest to see that this excessive cost is reduced, not by the elimination of essential departmental activities but by the curtailment of extravagances which have been allowed to run riot, however justifiable they may have been when these commission forms were first introduced.

Mr. Stanfield takes the view that the time has come for the complete amalgamation of these commissions under a single head, that they may the better fulfill their function and be what Governor Johnson intended them to be, instruments of relief and benefit to the whole people and operated at a minimum of expense.

These two gentlemen, **Mr. Glendenning** and **Mr. Stanfield,** will be in a position if elected to deal in a legislative sense with many of the problems which confront the producer and which because of their presence retard in a measure the winning of the war, a statement frequently made by the administration food expert, Herbert Hoover.

All farmers and progressive citizens will give their support to these gentlemen and thus raise the standard of our legislative personnel. That they will both be nominated is already demonstrated by the number of those who are voluntarily engaging in their interests, both business men and workingmen, seeing the opportunity to this county of conscientious representation in the State Legislature.

Vote for Stanfield and Glendenning.

Notice of Time Set for Probate of Will

In the Superior Court of the County of Santa Clara, State of California

In the matter of the estate of Emma L. Vande Grift, deceased.

A document purporting to be the last Will and Testament of Emma L. Vande Grift, Deceased, having on the 2nd day of August, A.D. 1918, come into the possession of said Superior Court, and a petition for the probate thereof and for the issuance of letters Testamentary, to John F. Duncan, having been filed by said John F. Duncan with me, the clerk of said Court, notice is hereby given that Friday, the 23rd day of August, A.D. 1918, at 10 o'clock A. M. of said day in Department Two at the Court room of said Court, at the Court House, in the City of San Jose, in the County of Santa Clara, has been set as the time and place for proving the will of said Emma L. Vande Grift, deceased, and for hearing the application of said John F. Duncan for the issuance to him of Letters Testamentary, when and where any person interested may appear and contest the same.

Given under my hand and the Seal of said Superior Court, this 2nd day of August 1918.

Henry A. Pfister, Clerk.
[SEAL] By Harry Houser, Deputy Clerk.
L. D. Bohnett & H. G. Hill,
Attorneys for Petitioner

Julius Kahn, who spoke before the Committee on Agriculture of the United States Senate against Prohibition for the period of the war, appearing for the California wine growers, stated that the California wine growers are willing to stand on the Prohibition amendment.

"The large wine makers of California," said Mr. Kahn, "are liquidating their business. They are ready to go out of business, but they want a little time to do it."

Miss Agnes Howe Strong Candidate

(1) Miss Howe has sympathy and understanding of young teachers' difficulties and knows how to help teachers to master them. Her experience in the state normal has prepared her for this task.

(2) Miss Howe knows how to bring the school and the parent in vital touch with one another. That she is successful is evident from the numerous requests that come from mothers' clubs to give them counsel.

(3) Miss Howe has been identified with all progressive movements in Santa Clara county. Her time and her purse are used for the good of the public. Any improvement in the community gives the children a better environment. Miss Howe recognizes this principle and works for the children's welfare in the community as well as the schoolroom.

(4) Service in the past can best be rewarded by opportunities for greater service. This is what Miss Howe seeks. It rests with the voters of Santa Clara county to grant that opportunity.—Adv.

For Assemblyman
44th Assembly District
T. M. Wright
Primary Election Aug. 27
General Election Nov. 5

For Assessor
C. Y. Pitman
(Incumbent)
Primary Election Aug. 27, 1918

SENATOR
M. B. Johnson
For
CONGRESS
8th Congressional District

For DEMOCRATIC Nomination
CONGRESSMAN
Eighth Congressional District
Hugh S. Hersman
Primary Election August 27, 1918

D. T. Bateman
(Incumbent)
FOR
Re-election to the office of
County Superintendent of Schools

Re-Elect
E. W. CONANT
(INCUMBENT)
Treasurer

DR. W. I. MERRILL
Physician and Surgeon
Office Formerly Occupied by Dr. Cooper
Office Hours
10 to 12, 2 to 4 and 7 to 8
Holidays and Sundays 12 to 1
Office and Residence Phone 31 J

TEN REASONS WHY

Maud Clark Glasson

Is The Logical Candidate
COUNTY SUPERINTENDENT OF SCHOOLS

(1) She has had a thorough university training in education.

(2) Her practice teaching was done in the San Francisco schools under University of California educators, some of them of national fame.

(3) She has taught with notable success all grades of grammar and high school work, besides physical culture and athletics, and in addition has taught Americanization and naturalization work among our foreigners.

(4) She has been a grammar school principal, a high school principal, and a supervising principal; she is one of the very few women in the state who haas ever been honored with a high school principalship.

(5) She has a thorough knowledge of school architecture, and has been entrusted with the designing and equipping of school buildings.

(6) She developed a system of teaching citizenship by means of student self-government which won statewide recognition.

(7) She knows how to meet and deal with the public; she has a pleasing address, and a tactful, courteous manner.

(8) Her enthusiasm, her splendid physical health, and her power of concentration and organization make her a tremendously efficient worker.

(9) She has the faculty of inspiring loyalty and confidence in her associates, of winning their enthusiastic co-operation.

(10) Her patriotism has been proved by her deeds.

This is What Those Who Know Her Have Said of Her

What More Could You Ask?

Give Her the Opportunity to Direct Her Splendid Energies in Behalf of Our County Schools

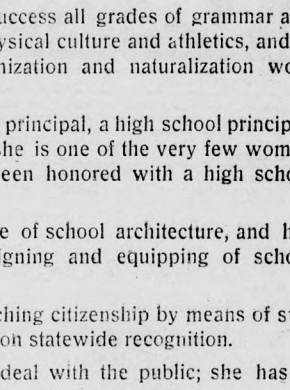
By Your Vote at the Primary Election, August 27

Give Your Children the Benefit of the Best of
Intelligence
Education
& Experience.
VOTE FOR
AGNES HOWE
Candidate for
Superintendent of Schools, Santa Clara County. Resident of county 25 years. Member of Normal Faculty 21 years.
Primary election Aug. 27, 1918

Henry A. Pfister
(Incumbent)
Candidate for Re-election
FOR
County Clerk
Primary Election
August 27, 1918

For Assessor
W. L. BIEBRACH
A native of Santa Clara County and business man of San Jose. A member of the Board of Managers of Agnew State Hospital appointed by Gov. Johnson. A director of the War Work Council.
Equal assessments—a square deal.

RE-ELECT
Irving L. Ryder
(Incumbent)
County Surveyor
FOR
Efficiency, Permancy & Economy



For CORONER
AMOR O. WILLIAMS
Primary Election Aug. 27
General Election Nov. 5

ELECT
LUCIUS W. STARR
FOR
COUNTY TREASURER

For
Sheriff
ARTHUR B. Langford
(Incumbent)